

IPS – KC Mid-Term CME 2026
Psychiatrists' Premier League – 15 (PPL – 15)
(Gentlemen and Ladies)

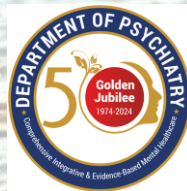
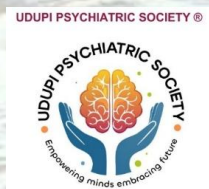


Theme
From Evidence to Enterprise: The Evolving
Landscape of Psychiatric Practice

Dates: 17th – 19th April 2026

Venue
UVA Meridian Resort & Spa
Prafulla Enclave, Halady Road, Koteshwara,
Kundapura, Karnataka

Organized by
Udupi Psychiatric Society[®]
Department of Psychiatry, Kasturba Medical College, Manipal



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Dear Esteemed Colleagues and Friends,

It gives us immense pleasure and pride to welcome you all to the IPS-Karnataka Chapter Mid-Term CME & PPL 2026, scheduled from 17th to 19th April 2026 at the serene coastal town of Kundapura.

This year's theme, "From Evidence to Enterprise: The Evolving Landscape of Psychiatric Practice," reflects the dynamic transformation within our field. Psychiatry today stands at a unique intersection - where robust scientific evidence must seamlessly translate into practical, sustainable, and patient-centered care models. This CME aims to bridge that vital gap by bringing together academic insights, clinical expertise, and real-world practice strategies.

We are honored to host an exceptional lineup of speakers who will deliberate on contemporary and clinically relevant topics, ranging from advances in psychopharmacology and dementia care to government policies and the nuances of managing comorbid conditions. The thoughtfully curated panel discussion on private practice will further provide valuable perspectives on strategy, systems, and sustainability in today's evolving healthcare landscape.

Alongside academic enrichment, the PPL (Psychiatrists' Premier League) adds a vibrant and engaging dimension to this gathering, fostering camaraderie, teamwork, and wellness among members. The picturesque venues - the UVA Meridian Resort & Spa for CME sessions and Gandhi Maidaan for PPL - offer the perfect blend of learning and leisure.

We believe this meeting will not only enhance knowledge and skills but also strengthen professional bonds and inspire new ways of thinking about psychiatric practice in the years ahead.

We extend our heartfelt gratitude to all speakers, delegates, organizers, and sponsors for their invaluable support in making this event possible.

We warmly welcome you to Kundapura and wish you a stimulating academic experience and a memorable stay.

Warm regards,

Dr Ravindra Munoli
Organizing Secretary

Dr Prakash C Tolar
Organizing Chairman

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PPL Venue: Gandhi Maidaan, Shastri Circle, Kundapura
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Registration Committee	Dr Abhiram PN Dept of Psychiatry, KMC, Manipal Dr Priyanka P Dept of Psychiatry, KMC, Manipal
Accommodation & Logistics	Dr Rajeshkrishna Bhandary P Dept of Psychiatry, KMC, Manipal Dr Nithin Shetty Consultant Psychiatrist, Taksh Neuropsychiatric Clinic, Kundapura
Sports Committee	Dr Deepak Mallya , Consultant Psychiatrist Dr AV Baliga Memorial Hospital, Udupi Dr Mahesh Mohan Dept of Psychiatry, KMC, Manipal
Cultural Committee	Dr Mahima Acharya Consultant Psychiatrist and Administrative In-charge Dr N R Acharya Memorial Hospital, Koteshwara

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Dr. Raghavendra B Nayak
Member

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IPS-KC Mid-Term CME & PPL 2026

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Friday, 17th April 2026		
Time	Topic	Speaker
1 – 2.30 PM	Lunch	
2.30 – 3.30 PM	Registration	
3.30 – 4 PM	Inauguration	
4 – 4.45 PM	Newer Pharmacological Treatment Options in Anxiety Disorders	Dr Savitha Soman HOD & Prof of Psychiatry, KMC, Manipal
4.45 – 5 PM	Tea Break	
5 – 5.45 PM	Government Schemes for Persons with Mental Illness	Dr Somashekhar Bijjal Prof of Psychiatry GIMS, Gadag
5.45 – 6.30 PM	Practical Approach to Dementia	Dr Vijay Harbishettar Editor-in-Chief, JoPS NIMHANS, Bengaluru
7 PM Onwards	Dinner	
Saturday, 18th April 2026		
7 – 8 AM	Breakfast	
8 AM – 4 PM	PPL (Gentlemen and Ladies)	
1 – 2 PM	Lunch	
4 – 4.45 PM	What is New in Bipolar Depression	Dr Anil Kakunje Prof of Psychiatry Yenepoya Medical College, Mangaluru
4.45 – 5 PM	Tea Break	
5 – 5.45 PM	Practical Management of IBS	Dr Sujit Sarkhel Prof & Editor-in Chief, IJP, Inst of Psychiatry, Kolkata
5.45 – 6.45 PM	Panel Discussion Private Practice in Psychiatry: Strategy, Systems and Sustainability	Dr Jagadisha A , Bengaluru Dr Lokesh Babu , Tumkur Dr Preethi V Shanbhag , Shivamogga
7 PM Onwards	Dinner	
Sunday, 19th April 2026		
7 – 8 AM	Breakfast	
8 AM – 1 PM	PPL (Gentlemen and Ladies)	
1 – 2.30 PM	Valedictory & Lunch	

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Registration Payment Details

1	Registration with Accommodation: IPS-KC Members Per Person (Accompanying Person also) on Twin Sharing Basis	9,999/-
2	Registration with Accommodation: Non-Members (On Twin Sharing Basis)	10,999/-
3	Registration Only: IPS-KC Members	3,999/-
4	Registration Only: Non-Members	4,999/-
5	Registration Only: Post-Graduates of Psychiatry	2,999/-
6	Registration Only: Mental Health Professionals - Consultants (Other than Psychiatry)	3,999/-

IPS-KC SAVINGS BANK ACCOUNT DETAILS

A/C Name	Indian Psychiatric Society - Karnataka Chapter	
A/C Number	54016692946	
IFSC Code	SBIN0011288	
Bank	State Bank of India	
Branch	Nandini Layout, Bengaluru-560096	
UPI ID	54016692946@sbi	

Registration Link: <https://forms.gle/T9zSDwKVrnGBDUzF9>

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