



NITTE
(Deemed to be University)

**K S HEGDE
MEDICAL ACADEMY**



KARNATAKA CHAPTER

IPS-KC PG CME 2026

Annual Psychiatry Postgraduate Residents' CME

organized by

**THE DEPARTMENT OF PSYCHIATRY
K S HEGDE MEDICAL ACADEMY, MANGALURU**

under the aegis of the
INDIAN PSYCHIATRIC SOCIETY, KARNATAKA CHAPTER

**THE ART & SCIENCE OF PSYCHIATRY
MASTERING THE SKILLS THAT MATTER**

21st & 22nd FEBRUARY 2026

**Venue : Avishkar Hall, 7th Floor, ABSMIDS,
K S Hegde Charitable Hospital, Deralakatte**

**KMC HAS AWARDED
4 CREDIT POINTS FOR THE CME**

Dear Postgraduate Residents,

The **Department of Psychiatry at K S Hegde Medical Academy (KSHEMA)**, in association with the **Indian Psychiatric Society, Karnataka Chapter (IPS-KC)**, is thrilled to invite you to the **IPS-KC PG CME 2026**, which is going to be held on **21st and 22nd February 2026**.

Founded in 1999, K S Hegde Medical Academy is a constituent college of Nitte (Deemed to be University). With the vision of academic excellence and social responsibility, KSHEMA is committed to training skilled professionals who uphold the highest ethical standards. Established in the same year, the Department of Psychiatry at KSHEMA has a legacy of excellence in education and patient care. We offer MD Psychiatry courses and are actively involved in community-based mental health services such as Geriatric Day care (KSHEMA Sandhya), Rural Psychiatry Centre and De-addiction Camps. Our department also conducts CME programs and awareness workshops to elevate clinical standards and foster learning.

The theme of this year's IPS-KC PG CME, **"THE ART AND SCIENCE OF PSYCHIATRY: MASTERING THE SKILLS THAT MATTER"**, emphasizes the dynamic interplay between scientific knowledge and the compassionate care required in psychiatric practice. Psychiatry is both a science and an art, demanding not only clinical expertise but also an ability to connect with patients. This two day PG CME aims to equip postgraduate residents with the necessary skills to navigate the complexities of mental health care, offering scientific sessions, oral papers, e-poster presentations and an exciting psychiatry quiz.

Join us at this PG CME to engage with leading experts, expand your clinical expertise and master the skills that matter, as you stay at the forefront of the evolving mental health landscape.

We look forward to your participation in this enriching academic experience.

Warm Regards,

Organizing Team

The Department of Psychiatry, KSHEMA

In association with IPS-KC

PROGRAM SCHEDULE

Day 1 - Saturday 21st February 2026

TIME	TOPIC	SPEAKER	CHAIRPERSONS
08:00 - 09:00 am	Registration and Breakfast		
09:00 - 11:00 am	Unraveling the Thought Process: Interpreting Formal Thought Disorder	Dr. PSVN Sharma KMC, Manipal	Dr Harisha Delanthabettu & Dr Jayanth Kumar K
11:00 - 11:30 am	Inauguration		
11:30 - 11:45 am	Tea Break		
11:45 - 12:45 pm	Becoming a Psychiatrist: The Science of Clinical Skills, The Art of Human Connection	Dr Kishor M JSSMC, Mysore	Dr Anil Kumar M N & Dr Harini K C
12:45 - 1:15 pm	Sahyadri Silver Jubilee KANCIPS Psychiatry PG Quiz Programme - 2026 Prelims	Dr Jonathan L and Dr Satheesh Rao KSHEMA, Mangaluru Dr Harini K C SCMCH&RI, Channapatna	
01:00 - 02:00 pm	Lunch		
02:00 - 03:00 pm	Understanding Legal Responsibilities in Psychiatric Practice	Dr Raveesh B N MMC Mysore	Dr Sudarshan C Y & Dr Satheesh Rao
03:00 - 04:00 pm	Mind, Body, Intimacy: Exploring Psychosexual Health in Psychiatry	Dr Sandip Deshpande Allo Health, Bengaluru	Dr Satish Ramaiah & Dr Aruna Yadiyal
04:00 - 04:15 pm	Tea Break		
04:15 - 05:00 pm	From Apps to AI: Leveraging Technology to Improve Psychiatric Practice	Dr Ravichandra Karkal YMC,Mangaluru	Dr Poonam Santosh & Dr Mithun S Acharya
05:00 - 6:30 pm	Sahyadri Silver Jubilee KANCIPS Psychiatry PG Quiz Programme - 2026	Dr Jonathan L, Dr Satheesh Rao KSHEMA, Mangaluru & Dr Harini K C SCMCH&RI, Channapatna	
07:00 pm onwards	Dinner		

PROGRAM SCHEDULE

Day 2 - Sunday 22nd February 2026

TIME	TOPIC	SPEAKER	CHAIRPERSONS
08:00 - 09:00 am	E-Poster and Oral Paper Presentations		
09:00 - 10:00 am	Smart Prescribing: Making Informed Medication Decisions	Dr Johnson Pradeep SJMC, Bengaluru	Dr Harsha Gowda T & Dr P V Bhandary
10:00 - 11:00 am	Risk Assessment in Psychiatry: Key Skills for Assessing and Managing Patient Risk	Dr Manik Inder Singh Sethi NIMHANS, Bengaluru	Dr Narayan Mutalik & Dr Shashwath S M
11:00 - 11:15 am	Tea Break		
11:15 - 12:45 pm	Neurological Insights: Essential Neurological Exam Skills for Psychiatrists	Dr Lobo Alexander KSHEMA, Mangaluru	Dr Rahul Rao & Dr Shrinivasa Bhat U
12:45 - 01:30 pm	Lunch		
01:30 - 02:30 pm	Navigating the Evidence Maze: Developing Critical Appraisal Skills	Dr Vijay Harbishettar NIMHANS, Bengaluru	Dr Saraswati Tenagi & Dr Shishir Kumar
02:30 - 04:00 pm	Approach to MD Psychiatry Examination: Skills, Structure and Examiner Expectations	Moderator: Dr Anil Kakunje YMC, Mangaluru	Panelists: Dr Supriya Hegde, FMMC,Mangaluru Dr Raghavendra Nayak, DIMHANS, Dharwad Dr Santhosh Ramdurg, SBMPMC, Vijayapura Dr Veda N Shetageri, EPCMS & RC, Bengaluru
04:00 - 04:30 pm	Valedictory		
04:30 pm Onwards	High Tea		

SCIENTIFIC ORAL PAPER & E-POSTER PRESENTATIONS

The Conference welcomes submissions of rigorous, evidence-based and ethically conducted scientific work from undergraduate and postgraduate medical students.

CLICK HERE TO VIEW THE DETAILED GUIDELINES FOR ORAL PAPER AND E-POSTER PRESENTATIONS:

<https://drive.google.com/file/d/17rixFSSaMTfSsYIHxuBeRIAqEu8Xp10C/view?usp=sharing>

IMPORTANT DEADLINES

- Abstract Submission Deadline: By 12th February 2026
- Communication of Acceptance: By 16th February 2026

CONTACT DETAILS FOR ENQUIRIES

- Oral paper and E-poster presentations Details
 - Dr H N Pratibha : +91 8151905311
- Registration Details
 - Dr Niveda Ramesh: +91 8431911595
 - Ms Sindhu K S : +91 7348996916
- Quiz Competition Details
 - Dr Jonathan L :+91 9008127372
 - Ms Sindhu K S :+91 7348996916
- Membership application form of IPS/IPS-KC can be found on their respective websites
 - For IPS membership : <https://indianpsychiatricsociety.org/new-membership/>
 - For IPS-KC membership : <https://ipskc.com/membership-form/>
- IPS-KC membership related enquiries
 - Email to financeipskc@gmail.com

REGISTRATION DETAILS

- Registration fee is inclusive of GST
- The registration fee includes a delegate kit, access to and participation in all academic sessions and hospitality (breakfast and lunch).
- No cancellation or refund policy is applicable, under any circumstances.
- Basic accommodation will be provided free of cost to registered outstation PG delegates, subject to prior intimation and availability, as accommodation is limited.
- Travel expenses incurred from the postgraduate institute to Mangaluru will be reimbursed for registered delegates from Karnataka only, limited to Non-AC sleeper bus fare or 2nd Class Non-AC train fare, subject to submission of valid tickets and compulsory attendance at all academic sessions of the CME.
- E attendance will be recorded at the end of each session.
- Registration must be completed through the Google form, with uploading the payment screenshot.

• REGISTRATION FEE CHART

CATEGORY OF DELEGATE	SPOT REGISTRATION AFTER 16 TH FEBRUARY 2026*
Delegates with IPS and IPS-KC Membership	₹ 2,000
Delegates with only IPS Membership	₹ 2,500
Delegates without any IPS Membership	₹ 4,000

** Delegate kit is not assured for Spot registrations

Click here to Register : <https://forms.gle/a3bTV2M6Th1YCVcb9>



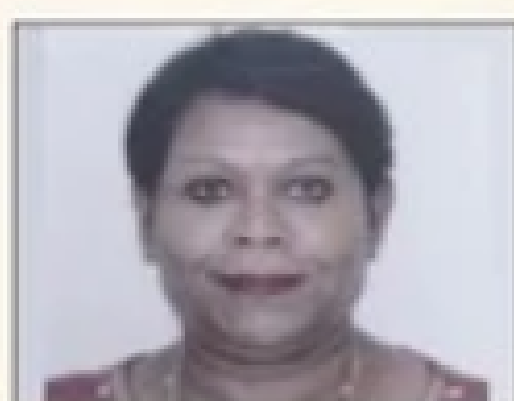
BANK DETAILS FOR PAYMENT

Account Holder Name: **Indian Psychiatric Society -
Karnataka Chapter**
Bank: **State Bank of India**
Account No.: **54016692946**
IFSC: **SBIN0011288**
Branch: **Nandini Layout,
Bengaluru - 560096**
Join IPSKC. Grow with Purpose. Lead with Impact

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Dr. Satish Ramaiah



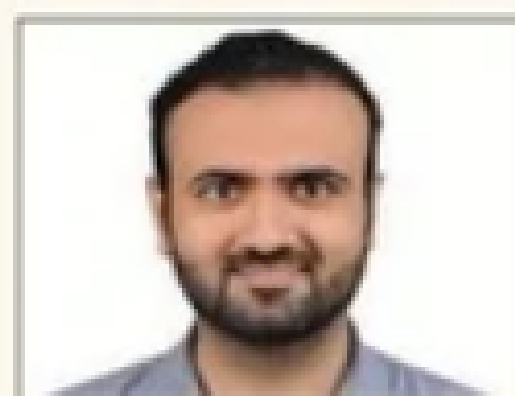
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Dr. Lokesh Babu



Dr. Vinay Kumar



Dr. Rahul M Rao



Dr. Harini K C



Dr. Ravindra N Munoli
Representative to SZ



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Co-opted Member



Dr. Vishwanatha Sham
Alamela
Co-opted Member



Dr. Harisha
Delanthabettu
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STAFF & POSTGRADUATES OF DEPARTMENT OF PSYCHIATRY

K S HEGDE MEDICAL ACADEMY, MANGALURU



KARNATAKA CHAPTER

