



**K S HEGDE
MEDICAL ACADEMY**



Karnataka Chapter

INDIAN PSYCHIATRIC SOCIETY- KARNATAKA CHAPTER

IPS-KC PGCME 2026

ANNUAL PSYCHIATRY POST GRADUATE RESIDENTS' CME

ORGANIZED BY

DEPARTMENT OF PSYCHIATRY

K S HEGDE MEDICAL ACADEMY, MANGALORE

Under the aegis of the Indian Psychiatric Society, Karnataka chapter

2nd Announcement

THEME:

**“THE ART AND SCIENCE OF PSYCHIATRY:
MASTERING THE SKILLS THAT MATTER”**

21st & 22nd FEBRUARY 2026

Venue: Avishkar Hall

7th Floor, ABSMIDS, K S Hegde Charitable Hospital, Deralakatte

APPLIED FOR KMC CME CREDIT HOURS

Dear Postgraduate Residents,

The Department of Psychiatry at K S Hegde Medical Academy (KSHEMA), in association with the Indian Psychiatric Society Karnataka Chapter (IPS-KC), is thrilled to invite you to the IPS-KC PGCME 2026, which is going to be held on 21st and 22nd February 2026.

Founded in 1999, K S Hegde Medical Academy is a constituent college of Nitte (Deemed to be University). With a vision for academic excellence and social responsibility, KSHEMA is committed to training skilled professionals who uphold the highest ethical standards. Established in the same year, the Department of Psychiatry at KSHEMA has a legacy of excellence in education and patient care. We offer MD Psychiatry courses and are actively involved in community-based mental health services such as the Geriatric Daycare (KSHEMA Sandhya), Rural Psychiatry Centre, and De-addiction Camps. Our department also conducts CME programs and awareness workshops to elevate clinical standards and foster learning.

The theme of this year's IPSKC PG-CME, "**The Art and Science of Psychiatry: Mastering the Skills That Matter,**" emphasizes the dynamic interplay between scientific knowledge and the compassionate care required in psychiatric practice. Psychiatry is both a science and an art, demanding not only clinical expertise but also an ability to connect with patients. This two-day PG-CME aims to equip postgraduate residents with the necessary skills to navigate the complexities of mental health care, offering scientific sessions, oral papers, e-poster presentations, and an exciting psychiatry quiz.

Join us at this PG-CME to engage with leading experts, expand your clinical expertise, and master the skills that matter, as you stay at the forefront of the evolving mental health landscape.

We look forward to your participation in this enriching academic experience.

Warm regards,
Organizing Team
Department of Psychiatry, KSHEMA
In association with IPS-KC

Academic programme schedule: Day 1 – Saturday 21st February 2026

Time	Topic
08:00 am to 09:00 am	Registration and Breakfast
09:00 am to 11:00 am	Unraveling the Thought Process: Interpreting Formal Thought Disorders
11:00 am to 11:15 am	Tea Break
11:15 am to 11:45 am	Inauguration
11:45 am to 12:45 am	Becoming a psychiatrist: The science of Clinical Skills, the Art of Human Connection
12:45 am to 01:30 pm	Sahyadri Silver Jubilee KANCIPS. Psychiatry PG Quiz Programme -2026 Prelims
01:00 pm to 02:00 pm	LUNCH
02:00 pm to 03:00 pm	Risk Assessment in Psychiatry: Key Skills for Assessing and Managing Patient Risk
03:00 pm to 04:00 pm	Mind, Body, Intimacy: Exploring Psychosexual Health in Psychiatry
04:00 pm to 04:15 pm	Tea Break
04:15 pm to 05:00 pm	From Apps to AI: Leveraging Technology to Improve Psychiatric Practice
05:00 pm to 06:30 pm	Sahyadri Silver Jubilee KANCIPS. Psychiatry PG Quiz Programme -2026 Final Round
07:00 pm onwards	Dinner

***The programme schedule is tentative and may be subject to change**

Academic programme schedule: Day 2 –Sunday 22nd February 2026

Time	Topic
07:30 am to 08:00 am	Breakfast
08:00 am to 09:00 am	PG Oral Paper and E Poster Presentations
09:00 am to 10:00 am	Smart Prescribing: Making Informed Medication Decisions
10:00 am to 11:00 am	Navigating the Evidence Maze: Developing Critical Appraisal Skills
11:00 am to 11:15 am	Tea Break
11:15 am to 12:45 pm	Neurological Insights: Essential Neurological Exam Skills for Psychiatrists
12:45 pm to 01:15 pm	<i>(Topic to be confirmed)</i>
01:15 pm to 02:00 pm	Lunch
02:00 pm to 03:30 pm	The Road Ahead: Navigating Career Opportunities after MD Psychiatry - Panel Discussion
03:30 pm to 04:15 pm	Valedictory
04:15 pm onwards	High Tea

The programme schedule is tentative and may be subject to change.

Call for Scientific Paper & Poster Presentations

The Conference welcomes submissions of rigorous, evidence-based, and ethically conducted scientific work from undergraduate and postgraduate medical students.

IMPORTANT DEADLINES

- Abstract Submission Deadline: 7th February 2026
- Communication of Acceptance: By 15th February 2026

ORAL SCIENTIFIC PAPER PRESENTATION RULES

- Prior Registration is mandatory for scientific presentations.
- Membership of IPS and IPSKC is mandatory.
- Those who have applied and not yet received confirmation have to produce a valid document showing they have applied for membership of the above societies.
- **If not a member, we will help in applying for memberships to the societies, for which contact the below-mentioned before 31/01/2026: Dr Guru S Gowda - +91 9901758577**
- Along with the paper, the student has to enclose the PDF copy of a bona fide certificate from the department/institute head.
- Abstract of the scientific paper (250 words) has to be submitted before 9 pm of 07/02/2026 to the kshemawellbeing1999@gmail.com along with the details of the presenters, like name, mobile, email id, institute, and registration details.
- Original research work will be considered for oral presentations. The abstract shall be in the following format: Title, Background/Introduction, Methodology, Results & Conclusions.
- Abstracts previously presented or published in any format, either in any state/zonal/national/international CME/Conferences/journals, are not permitted.
- The scientific committee will review the abstract, and acceptance will be communicated 5 days before the CME.
- The right of selection of abstract lies with the scientific committee, and it has the right to reject without providing any intimations/reasons.
- The accepted papers need to be sent by mail in PPT format (maximum 10 slides) 2 days before the CME, save the file in PPT format with title, your name, PGCME 2026, without any special characteristics.
- The student needs to carry the same in a pen drive, also on the day of the presentation.
- The PPT must have a light background with dark and readable fonts (more than 20 size, either with Arial, Calibri, or Times New Roman) with minimum animations.
- Avoid animated images, videos, or hyperlinks in the slides.
- Use good-quality images with more than 200 dpi resolutions.
- Tables need to be created rather than pasted as images.
- Time allotted for oral presentation is 6 minutes and 2 minutes for discussions.
- All presentations will get participation certificates, and the best 3 papers will be honored with certificates and a prize.
- **For more details, kindly contact: Dr H N Pratibha - +91 81519 05311**

E POSTER PRESENTATION

RULES

- Prior Registration is mandatory for e-poster presentations.
- Membership of IPS and IPSKC is mandatory.
- Those who have applied and not yet received confirmation have to produce a valid document of application for the memberships of the above societies.
- **If not a member, we will help in applying for memberships to the societies, for which contact the below-mentioned before 31/01/2026. Dr Guru S Gowda - +91 9901758577**
- Along with the e-poster, the student has to enclose the PDF copy of a bona fide certificate from the department/institute head.
- Abstract of the e-poster (200 words) has to be submitted before 9 pm of 07/02/2026 to the kshemawellbeing1999@gmail.com along with the details of the presenters, like name, mobile, email id, and institute.
- The abstract shall be in the following format: Title, Background/Introduction, Methodology, Results & Conclusions.
- Abstracts previously presented or published in any format, either in any state/zonal/national/international CME/Conferences/journals, are not permitted.
- The scientific committee will review the abstract, and acceptance will be communicated 5 days before the CME.
- The right of selection of e-poster abstract lies with the scientific committee, and it has the right to reject without providing any intimations/reasons.
- The accepted e-posters need to have a page image (jpg/png) and one slide PPT.
- The PPT/image must be with a readable font and a contrast background (more than 12 size, either with Arial, Calibri, or Times New Roman).
- Orientation has to be a landscape layout with a size of 16*9 for your slide in PowerPoint.
- Avoid animated images, videos, or hyperlinks in the slides.
- Use good-quality images with more than 200 dpi resolutions.
- Tables /graphs need to be created rather than pasting them as images.
- The e-poster needs to be sent by mail in PPT format (single slides) and a JPG image file 2 days before the CME, save the file with the title, your name, PGCME 2025, without any special characteristics, with a size of less than 5mb.
- The student needs to carry the same in a pen drive, also on the day of the presentation.
- Time allotted for e-poster presentation is 4 minutes and 2 minutes for discussions.
- All presentations will get participation certificates, and the best 3 posters will be honored with certificates and a prize.
- **For more details, kindly contact Dr H N Pratibha - +91 81519 05311**

REGISTRATION DETAILS

- Registration fee is inclusive of GST.
- Registration fee covers delegate folder, access and participation to academic sessions, and hospitality (Breakfast and working lunch only).
- There is no cancellation policy.
- All registered outstation PG delegates will be provided with free basic accommodation (On prior intimation, in view of limited accommodations).
- Travel expenses incurred from the place of PG pursuing educational institute to Mangalore, either non-AC sleeper bus or 2nd Class AC train fares will be reimbursed, subject to the production of a valid ticket and compulsory participation in all the academic sessions of the CME (Only to registered delegates of Karnataka). At the end of each session, e-attendance will be taken.
- Registration fee will not be reimbursed.
- Registration has to be done through the Google form, with the uploading of a screenshot of payment details.
- **For queries, kindly contact:**
Dr Niveda Ramesh +91 84319 11595 / Ms Sindhu K S +91 73489 96916
- **REGISTRATION FEE CHART – 2026**

Category of Delegate	Early Registration* 31 ST Jan 2026	Late Registration* 10 th Feb 2026	Spot Registration* After 11 Feb 2026
Delegates with IPS and IPSKC Membership	1,000	1,500	2,000
Delegate with only an IPS Membership	1,750	2,000	2,500
Delegate without any IPS Membership	2,000	3,000	4,000

REGISTRATION LINK:

<https://forms.gle/vcGuNaUNQ1pqsXzz7>

PAYMENT DETAILS:



Bank Details for Payment

Account Holder Name:

Indian Psychiatric Society - Karnataka Chapter

Bank: State Bank of India

Account No.: 54016692946

IFSC: SBIN0011288

Branch: Nandini Layout, Bengaluru - 560096

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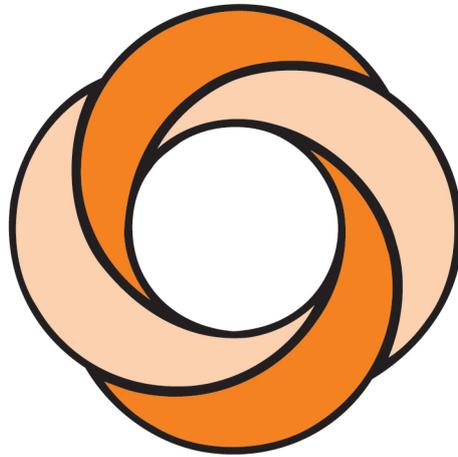
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Karnataka Chapter



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