

IPS-KC GUIDELINES - PRIZES / AWARDS (2015/2019)

Indian Psychiatric Society – Karnataka Chapter

Currently there are Thirteen Annual Prizes / Awards given by IPS (KC). The corpus funds for these awards are either from IPS (KC) or donations.

The awards cover the following areas -

- 1. Eminent Psychiatrist Award (One)**
- 2. Mental Health Education (Six)**
- 3. Mental Health Services (Two)**
- 4. Mental Health Treatment (Two)**
- 5. Mental Health Research (One)**
- 6. Mental Health Allied Fields (One)**

These are **General** and **Specific Guidelines** for the Prizes/Awards, the latter denoted under the Awards.

General Guidelines

- A portion of the annual interest (1%) earned from the corpus is towards the expenses of IPS (KC) – correspondence, travelling expenses and certificates. The assigned portion is paid as Prize / Award money. The remainder is added to the corpus fund of the specific activity each year.
- The Executive Committee of IPS (KC) in its first meeting should assign Co-ordinators for carrying out the Psychiatry Quiz for medical UG & the Psychiatry Prize Examination. The EC should also constitute the Awards Committee.
- All Notices / Communications / Intimations with respect to all the above Prizes/Awards rests with the Hon. Secretary of IPS (KC). This can be delegated partly or fully to the Co-ordinators if deemed fit.
- The Proposals/Submissions for the Awards will reach the President / Hon. Secretary of IPS (KC). The EC has to scrutinize them; ascertain their adherence to the laid down criteria; satisfy themselves with the authenticity of the content and later forward them to the Awards Committee – latest by June 15th.
- The prizes for the Psychiatry Quiz for medical UG will be distributed at the end of the programme. The Dr. Subrahmanyam Memorial (Best PG Paper) Award will be presented during the Valedictory function of KANCIPS. All the other prizes / awards will be given during the Inauguration Ceremony / allocated slots for them.
- The Prize winners / Awardees will be intimated atleast 30 days before the KANCIPS. The travel expense for Eminent Psychiatrist Awardee, Prof Raguram Dist Young Teacher Awardee, Spandana Awardee, IPS(KC) Dis Service Awardee, Speaker of Dr R.L. Kapur Oration, Dr L.G.P. Achar Oration Speaker, to be arranged by / paid for by IPS (KC). Accommodation, hospitality is the responsibility of Organizing Committee – KANCIPS.
- The Organizing Committee of KANCIPS shall bear the expenses towards the Plaque / Citation / Mementos / Shawl / Garland and Fruit bowl where required. Cash awards and gift money will be provided by IPS (KC) where applicable.
- ***The members of the EC & Awards Committee and their first degree relatives are not eligible for competing / being nominated for any Award.***

- The IPS (KC) EC / Awards committee decision is final and has the right to reject any proposal / submissions for the Awards. They also have the right to make no Award in any category, if the entries are not suitable.
- The EC should obtain prepared materials / award winning paper / text of delivered orations and lectures for its Archives and for its reports.
- The EC shall send a communication to the donor / designated family member informing them of the award / prize details within two weeks following KANCIPS.
- The Hon. Secretary has to intimate the relevant details of Karnataka State's participation in the South Zone Quiz competition as also the Dr. D.S. Raju Memorial (Best PG Paper) Award. The traveling allowance for these participants representing our State will be borne by IPS (KC). The reimbursement will be for IInd class AC train fare or Volvo Bus fare. No other form of request for travel reimbursement will be entertained.

AWARD COMMITTEE

- The committee shall consist of three past Presidents, the current President & Hon. Secretary of IPS (KC) – one of the past Presidents will be from an Academic institution. They will serve for one term of three years; the current President & Hon. Secretary of IPS (KC) starting from one AGB to the next AGB. One of these will be nominated the Chairperson by the EC. All Awards as aforementioned will be decided by this Committee. The Committee also has the right to reject proposals / nominations assigning reasons; this Committee also has the right to add suitable names to the list submitted by the EC. All relevant material for the Prizes / Awards shall be submitted to them by June 15th. The final list of Awardees will be submitted by them to the EC atleast 30 days prior to the date of the KANCIPS of that year.

1. EMINENT PSYCHIATRIST AWARD.

- This Award is bestowed to a Member of IPS (KC); who has completed 55 years of age; has contributed towards growth of the activities of IPS (KC); preferably has National / International Publications to his credit in the field of Psychiatry; has had a exemplary, honorable career.
- The EC shall propose suitable persons for this award and communicate the same with a brief accompanying data to the award committee by 15th June. The Awards Committee also has the right to add to the given list and arrive at a final awardee.
- The Award will be bestowed during KANCIPS in the assigned slot.
- The Awardee will be honored along with the spouse / family member.
- The Award will consist of Plaque, Citation, Memento, Shawl, Garland, Fruit bowl.
- The fund available is Rs. 15000 /- towards purchase of suitable gift/s.
- This Award was initiated in 1987 – 1988. La Pharma provided a Corpus of Rs. 5000 /- in 1987 – 1988 for this purpose and later IPS (KC) has added Rs Two Lakh Forty Five Thousand to this corpus.

MENTAL HEALTH EDUCATION

2. Dr. S.S. Jayaram Award

- For a publication in Kannada or English; place of publication – Karnataka State; content to enhance public awareness regarding mental health.
- By any individual residing in Karnataka.

- Time frame – 1st June of the preceding year to 31st May of the succeeding year.
- Press notice to public in one Kannada and one English daily as also the IPS (KC) April/May Newsletter seeking nominations ; last date to be 15th June.
- Submission – one original and four photocopies along with a brief biography with the Proposal / Nomination.
- Please note that any member IPS (KC), may bring to the attention of EC/Award committee, any suitable publications for this award
- The award money is Rs. 5000 /- with Certificate.
- Dr. S.S Jayaram's generous donation in 1982, (and later supplementations) initiated this activity and was given for the first time in the same year.

3. Psychiatry Prize Examination for Medical UG

- Eligibility – UG and also Interns (at the time of prize exam)
- Medical Colleges of Karnataka
- Publicity – Letters to Deans / HOD – Medicine / Psychiatry
- Entry fee of Rs 30 per student; Participants may be given coffee and biscuits.
- Prize money – 1st Rs. 3000 /- , 2nd Rs. 2000 /-, 3rd Rs 1000 with Certificates. Medals to winners was given in the first seven years. Later, not given for lack of sponsor. This is again being pursued and if a sponsor is found, medals for winners will be restarted.
- The Co-ordinator to conduct and report to Hon. Secretary.
- The Prizes will be given to the winners at the inauguration ceremony of KANCIPS.
- The Prize money available now is Rs. 6000 /- & Rs. 2000 /- towards expenses.
- This program was first conducted in the year 1992 – 1993.

4. Psychiatry Quiz for Medical UG

- Eligibility - UG (Not interns); Medical Colleges of Karnataka ; Authorization Letter from Dean/HOD of Psychiatry.
- First intimation to Deans/ HOD – Medicine/Psychiatry in January. Second intimation 30 days before the date of Programme.
- No entry fee; No TA / DA / accommodation to participants.
- The Programme will be conducted by the co-ordinator assigned by the EC.
- Team Prize money – 1st Rs. 5000 /- , 2nd Rs. 3000 /-, 3rd Rs. 2000 /- with Certificates.
- The 1st and 2nd Prize winning teams are eligible to compete and represent Karnataka at the South Zone Quiz competition which will be held in October of the same year.
- The fund available for this programme is Rs. 10,000 /- ; Rs 2000 for expenses ; Rs 6000 /- as TA for South Zone participation.
- The first Quiz was conducted in March 1989. Dr & Ms.S.S. Jayaram offered Rs. 3000/-: May & Baker Rs: 5000 /- towards the corpus. Later IPS(KC) has added Rs, 2,92,000 / -to the Corpus.

PSYCHIATRY PG EDUCATION

5. Kateel Appu Pai ` Manasa ` Award.

- Instituted by Dr. KA Ashok Pai, Shimoga in memory of his late father, Rs. One lakh given on 27/09/2006 and awarded first in KANCIPS-2007.
- Award to the postgraduate of RGUHS of the preceding year.
- For securing First rank at RGUHS university level in the final year of MD(Psychiatry) Examination.
- Award – cash prize Rs 5000 & Certificate

- The Hon. Secretary to correspond with RGUHS and obtain the relevant information.

6. Prof. Raguram Distinguished Young Teacher Award.

Instituted by the Psychiatry Post Graduate Alumni of Kempegowda Institute of Medical Sciences, Bengaluru from the year 2011 with Rs One and half lakhs corpus fund deposited to IPSKC by two cheques 16th 17th May 2011 and awarded first in KANCIPS 2011, Mysore. The teacher who is nominated for this award must be within 45 completed years of age.

- The nominee should hold a full-time academic position in a teaching hospital with minimum 10 years of experience as a teacher.
- He/She should be a member of IPS (KC).
- The proposal for the award must be made by a Fellow of the Society, detailing the reasons and rationale for the nomination.
- The nomination must be accompanied by the candidate's CV with his/her letter of consent.
- The last date for the nomination is 15th June. The EC shall submit all names received to the Awards Committee for its decision.
- The Award carries Cash Prize of Rs. 10000 /-, Citation, Memento, Shawl, Garland, Fruit Bowl with Certificate; will be presented at KANCIPS.

7. Sahyadri Silver Jubilee KANCIPS Post Graduates Quiz.

- Eligibility – PGs in Psychiatry; Institutions of Karnataka; Authorization letter from HOD of Psychiatry.
- The programme will be conducted by the co-ordinator assigned by the EC.
- This activity will be conducted along with the Psychiatry CME for PGs programme. This will ensure travel / accommodation for the participants provided by support for the CME program.
- Prize money – First Rs. 5000 /-, Second Rs. 3000 /-, Third Rs. 2000 /- with Certificates. Provided by the IPS (KC).
- Department of Psychiatry, Mysore Medical College, Mysuru carried out the activity for the first time in 2015.

MENTAL HEALTH SERVICE

8. 'Spandana' Award.

- For exemplary service in Karnataka in the field of alcohol/substance abuse treatment/rehabilitation for at least 10 years.
- Any Individual / Institution / Organization run by Non Mental Health Professionals.
- Nominations may be made by any member / EC member of IPS (KC) along with – Brief Biodata / Institutional History/ activities report or service.
- The Award carries Cash Prize of Rs. 10,000 /-, Certificate, Citation, Memento, Shawl, Garland, Fruit Bowl; will be presented at KANCIPS.
- Dr M. Srinivasa donated Rs. One lakh as a corpus for this activity in 1999; first awarded at KANCIPS of 2000.

9. IPS (KC) Distinguished Service Award.

- For exemplary service in the field of mental health
- Duration of service in Karnataka for a minimum of 10 years.
- Any Individual / Institution - other than IPS (KC) Members, Mental Health Professionals.
- Award: Cash Prize Rs. 10,000/-, Certificate, Citation, Memento, Shawl, Garland, Fruit bowl.
- The Award money comes from IPS (KC)

MENTAL HEALTH TREATMENT

10. Dr. K. M. Druvakumar Award.

- For Psychodynamic Psychotherapy work by a Post graduate student in Psychiatry of Karnataka; work carried out over the preceding one to two years.
- Communication to institutions in Karnataka with a department of Psychiatry to be done first in January and final communication in month of May giving details of the award and seeking entry.
- The entry should reach by 15th June; four copies of work done to reach Hon. Secretary IPS (KC).
- The Award carries cash prize of Rs. 10000 /- with Certificate; the award presented during KANCIPS.
- The generous donation and subsequent support provided by Dr. K.M. Druvakumar started this activity in 1982 – 1983. Some changes made in 2018 on request from donor.

11. Dr. L G P Achar Memorial Oration.

- This Award is bestowed upon a person who has carried out sustained and exemplary work in any form of Psychotherapy.
- The proposals / nominations brought before the EC shall be submitted to the Awards Committee by 15th June.
- The award money of Rs.10,000 /- will be spent towards Gift/s. The plaque, Citation, Garland, Shawl, Memento, Fruit bowl will be supplemented by the organizing committee of KANCIPS.
- The corpus for this award was donated by multiple donors who wished to remain anonymous. This corpus was later supplemented by IPS (KC). The first awardee was Dr. C. Shamasundar in 1994 – 1995.

MENTAL HEALTH RESEARCH

12. Dr. H.S. Subrahmanyam Memorial (Best PG Paper) Award.

- Earlier, IPS (KC) was giving this as Best PG Paper Award from 1995 – 1996. The PG paper award is named after Late Dr. H.S. Subrahmanyam from 2008 - 2009. Instituted by family of Dr H.S. Subrahmanyam - Rs One lakh given on 12/08/2008 - awarded first in KANCIPS 2009.
- For Research paper presentation by a Psychiatry Postgraduate Student work carried out in the preceding two years one of the authors must be a member of IPS (KC).
- Consideration will be given to the originality of the approach / thought evident in the submission.
- The manuscript submitted should describe studies recently completed but not published elsewhere. Four copies of the manuscript should be submitted to the Hon. Secretary IPS (KC) by 15th June. It is desirable to submit a soft copy to hasten assessment. A brief biographical sketch should be sent along with the manuscript. There will be independent assessment of the

manuscript by 3 judges and assessment of the oral presentation during KANCIPS by 3 other judges. The protocol to be followed for this assessment will be sent by the Hon. Secretary IPS (KC) to the judges.

- Evaluated before presentation for 60 marks (design, methodology, analysis, discussion, references, clarity of paper) by 3 jurors and during presentation at KANCIPS for 40 marks (clarity, use of audio-video aids, responding to questions in audience, overall-time and presentation) by 3 other jurors.
- The winning author will receive a cash prize of Rs 5000 /- with Certificate during the Valedictory function on KANCIPS. He/She will be nominated to represent Karnataka to present the same work at the Dr D.S. Raju Memorial Best PG Paper Award in the South Zone conference usually held in October of the same year. If this paper wins the award at the South Zone conference, the right to publication will be as per guidelines of IPS-South Zone body.

MENTAL HEALTH ALLIED SUBJECTS

13. Dr. R.L. Kapur Memorial Lecture

- Instituted by the Department of Psychiatry, Kasturba Medical College, Manipal in 2008 with Rs One lakh corpus fund deposited with IPSKC on 07/11/2008.
- The Speaker for this lecture to be chosen by the Awards Committee from any State of India and the Speaker may be of any Nationality.
- His work can be in the field of Arts, Social Sciences, Basic Sciences, Indigenous Health Systems, Yoga, Spirituality, Religion, Philosophy – resonating with mental health. These areas were of special appeal to Dr. R.L. Kapur.
- The proposals / nominations brought before the EC, shall be submitted to the Awards committee by 15th June.
- The award of Rs.10,000 /- will be given by the IPS (KC) for Gift/s. The Plaque, Citation, Garland, Shawl, Memento, Fruit bowl will be supplemented by the Organizing Committee of KANCIPS

14. SMT DS RAJESWARI CHANDRASHEKAR AND SAMADHANA CENTRE AWARD (2018)

Given for the best work in public psychiatry Instituted by Dr CR Chandrashekar, Former Professor of Psychiatry, NIMHANS by donating a corpus of Rs 300000/. Award consist of Cash Prize of 10000 INR, Citation, Memento. Can be given to

- a) Member of IPS KB - Psychiatrist
- b) An organization (public and private) headed by a Psychiatrist/Mental Health Professional.
- c) District Mental Health /Taluk Mental Health team of Karnataka
- d) An NGO working for the cause of persons with mental illness
- e) Phenomenal Research/work in the area of Public Psychiatry
- f) A person who had contributed immensely for the growth of public psychiatry in Karnataka

WHAT TYPE OF WORK?

- Identification and management of mentally ill or mentally disabled in the community.
- Rehabilitation of mentally ill/challenged.
- Public education
 - Print media
 - Electronic Media
 - Lectures/Workshops
- Research Publication in scientific Journals about Public Psychiatry
- Promotion of mental health in schools/ colleges/ workplaces, women, Senior citizens, hostels orphanages, old age homes etc.
- Removal of blind beliefs, stigma and discrimination regarding mental illness
- Work in the area of Disability among PWMD (Persons with Mental Disorders)

Applications/nominations have to be: by the individual/government department/DMHP team/medical

college/NGO/General public.

Note:

The above information has been drawn from minimally available material; inputs from other members. It is by no means complete, hence needs to incorporate appropriate changes as and when resolved. Members reading the above may please write to the Hon. Secretary with information that corrects / modifies / adds to the above material. The Society will be grateful to them for this contribution to make these guidelines comprehensive and complete. Contact Hony. Secretary for any clarifications.