

INDIAN PSYCHIATRIC SOCIETY (National Body & Karnataka State Chapter)

IPS National TASK FORCE on COLLEGE MENTAL HEALTH

In Collaboration with

WELLNESS CENTRE, Indian Institute of Science, Bengaluru

SYMPOSIUM on Mental Health in College Days

Sunday 12 January 2020

JNTata Auditorium, IISc, Malleshwaram, Bengaluru 560076

PROGRAMME:

0800-0900 Registration

0900-0930 : Inauguration (Welcome by Dr BR Madhukar, President IPS KSC, Speech by Prof Anurag Kumar, Director IISc, Speech by Dr Mrugesh Vaishnav, National President, IPS)

0930-0945: Problems Faced by Us: Dr Sunit (UG Student, IISc)

0945-1030: Key Note Address: Prof Shekhar Seshadri, NIMHANS, B'lore

1030-1105: A Broad Perspective on Mental Health: Dr Ajit Bhide, B'lore

1105-1140: Emotional Balance, Depression & Suicide: Dr Kersi Chavda, Mumbai, Chair, IPS Task Force on College Mental Health

1140-1155 COFFEE BREAK

1155-1230: Addictions: Substances & Behaviors: Prof Pratima Murthy, NIMHANS, B'lore

1230-1310: Youth and Sexuality: Dr Mrugesh Vaishnav, Ahmedabad National President, IPS

1310-1400: LUNCH

1400-1435: Aggression in Youth: Prof Vyjayanthi, MSR Medical College, and IISc, Bengaluru

1435-1510: Youth and the Digital Age: Dr Avinash Desousa, Mumbai, Convener, IPS Task Force on College Mental Health

1510-1615: Panel Discussion: Moderator: Dr Vijay Harbishettar, Bengaluru

1615-1620: Concluding Remarks: Dr Anil Kumar, Dean of Undergraduate Studies, IISc, Bengaluru

1620-1630: Vote of Thanks: Dr Sunil Patil, Secretary, IPS KSC.

~NATIONAL ANTHEM~