



ಭಾರತೀಯ ಮನೋವೈದ್ಯಕೀಯ ಸಂಘ, ಕರ್ನಾಟಕ ಶಾಖೆ

INDIAN PSYCHIATRIC SOCIETY KARNATAKA CHAPTER®



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To
The Principal,

Dear Sir/Madam,

Youth in India are facing intense struggles and this often results in mental health dysfunction and even breakdowns. This is often reflected in acts of anger and violence, emotional upheavals including anxiety, depression and suicide, and their falling back on substances of abuse; often in their college years.

The Indian Psychiatric Society (IPS) sensing the need for addressing the youth of urban India on these and related issues at the undergrad college level, constituted a **Task Force**.

The IPS TF and the IPS Karnataka Chapter in collaboration with the prestigious Indian Institute of Science (IISc), Bengaluru is holding a day-long symposium at **IISc, through their new Wellness Centre**, for UG students and teachers in the Bengaluru area, on **Sunday 12 Jan 2020 between 9 a.m. and 5 p.m.**

Leading mental health professionals from the country would address topics such as emotional disorders, aggression in youth, problems of substance use and other addictions, issues of relationships and sexuality, and mental health in a digital age.

We would be happy to have the participation of your college in this programme. May we request you to send us a team of up to **5 delegates** from your college comprising at least 3 undergraduate students (any year degree students) and at least 1 faculty member for this symposium?

Registration for this symposium is **mandatory, but free**. Also in view of a number of colleges being interested, we cannot exceed a team of 5 from each. Kindly reply by e.mail to the address given below to register for the programme by 5th January 2020. There will be refreshments provided by IISc between sessions.

With best wishes & regards,

Dr B R Madhukar
PRESIDENT

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Hon GENERAL SECRETARY

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Karnataka Chapter


HONY. SECRETARY
INDIAN PSYCHIATRIC SOCIETY